ALL FOR ONE
The 4-Year College Experience
Navigating the Open Seas of College
Michael Garcia - Xavier University
One size does not fit all, so ask yourself:

- Do I like to get to know my professors?
- Will I learn best in a small or large classroom setting? (20 students vs 300 students)
- Do I like courses taught online, by a TA, or by a professor?
- Do I want a school in the middle of a big city or something more rural?
- How easy will it be for me to get to and from school each year?
One size does not fit all, so ask colleges:

- Does your college provide tutoring and personal support services? Do those cost extra?
- Are there opportunities for aid once I am a student?
- Does your college provide access to community partnerships for internships and research experience?
- How many students graduate in 4 years?
- What is the success rate of the program I am interested in?
- Will I have access to professional mentors?
All About Academics

Your Chance To Explore The Academic World
What Is A Core Curriculum?

A “core” curriculum is a set of particular courses that every student must take. It reflects a college’s conviction that particular knowledge and subjects ought to be considered and shared by all students.

A “distribution” curriculum allows for some flexibility in choosing electives within required disciplines, so that not every student takes the exact same courses.
What Is A Core Curriculum?

- The First-Year Experience
- Ethics And/Or Theology
- Lifeskills
- Liberal Arts vs Research
- Math History Science Lab Creative Arts
- Minor or Concentration
Choosing A Major

- What Are You Good At?
- What Do You Love To Do?
- How Can You Help Others?
- Don’t Be Afraid To Change
- Shadow A Professional
- Meet Your Academic Advisor

Choosing A Major

Changing Your Major

Meet Your Academic Advisor

What are you good at?
Finding the Support You Need

- Ask Your Professors For Academic Support
- Reach Out To Campus Counselors For Personal Support
- Find Out What Tutoring Services Your School Offers
- Success Center
- Find A Mentor Or Mentorship Program
- Career Development Offices
Staying Healthy
Success Starts With A Happy, Healthy You
Staying Healthy

- Make Time to Be Alone
- Don’t Spiral Into the College “Scene”
- No All-Nighters
- Practice Being Mindful
- Step Away From Social Media
- Give It Time
- Healthy Habits
- Ask For Help
Get Involved
How Find Your Tribe On Campus
Finding Your People

Try These 3 Things

Something Academic Related

Give Back

General Interest

LET'S GO X!!!

Don’t Be Afraid To Try Something New

Go To Club Day

Ask A Staff Member Or Campus Office
What Can You Do Now?

Strive To Do Your Best Academically

Find Your Admission Counselor

Set Up A College Specific Email

Refine Your Study Skills

Talk To Your College Counselor

Get Out And Visit Some Schools
Your Friendly Neighborhood Admission Counselor

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