



ALL FOR ONE

A wide-angle photograph of a modern university campus. In the center is a large, multi-story building with a prominent central tower and large glass windows. The building is surrounded by paved walkways, green lawns, and trees with autumn foliage. The sky is blue with some clouds. The text is overlaid on the bottom half of the image.

The 4-Year College Experience

Navigating the Open Seas of College

Michael Garcia - Xavier University

The background of the slide is a blurred image of a stack of several books, with the spines of the books visible. The books are in various colors, including blue, yellow, and red. The text is overlaid on this background.

One size does not fit all, so ask yourself:

**What
works best
for me?**

- **Do I like to get to know my professors?**
- **Will I learn best in a small or large classroom setting? (20 students vs 300 students)**
- **Do I like courses taught online, by a TA, or by a professor?**

- **Do I want a school in the middle of a big city or something more rural?**
- **How easy will it be for me to get to and from school each year?**

One size does not fit all, so ask colleges:

**What
works best
for me?**

- **Does your college provide tutoring and personal support services? Do those cost extra?**
- **Are there opportunities for aid once I am a student?**
- **Does your college provide access to community partnerships for internships and research experience?**

- **How many students graduate in 4 years?**
- **What is the success rate of the program I am interested in?**
- **Will I have access to professional mentors?**



All About Academics

Your Chance To Explore The Academic World

What Is A Core Curriculum?

A “core” curriculum is a set of particular courses that every student must take. It reflects a college’s conviction that particular knowledge and subjects ought to be considered and shared by all students.

A “distribution” curriculum allows for some flexibility in choosing electives within required disciplines, so that not every student takes the exact same courses.

What Is A Core Curriculum?

**The First-
Year
Experience**

**Ethics
And/Or
Theology**

Lifeskills

**Liberal Arts
vs
Research**

**Math
History
Science Lab
Creative Arts**

**Minor or
Concentration**

Choosing A Major

**What Are
You Good
At?**

**What Do
You Love
To Do?**

**Don't Be
Afraid To
Change**

**How Can
You Help
Others?**

**Shadow A
Professional**

**Meet Your
Academic
Advisor**

Finding the Support You Need



**Ask Your
Professors
For Academic
Support**

**Reach Out To
Campus
Counselors
For Personal
Support**

**Find Out What
Tutoring
Services Your
School Offers**

**Success
Center**

**Career
Development
Offices**

**Find A Mentor
Or Mentorship
Program**



Staying Healthy

Success Starts With A Happy, Healthy You

Staying Healthy

**Make
Time to Be
Alone**

**No All-
Nighters**

**Step Away
From
Social
Media**

**Healthy
Habits**

**Don't
Spiral Into
the College
"Scene"**

**Practice
Being
Mindful**

**Give It
Time**

**Ask For
Help**

A large crowd of students is gathered at a campus event, likely a homecoming or sporting event. Many students have blue face paint and are cheering with their arms raised. Confetti is falling from the sky. In the background, a building with a sign that reads "TOWN MEAT COMPANY" is visible.

Get Involved

How Find Your Tribe On Campus



Finding Your People

**Try These
3 Things**

**Something
Academic
Related**

**LET'S
GO X!!!**


**Go To
Club Day**

**Give
Back**

**General
Interest**

**Don't Be
Afraid To Try
Something
New**

**Ask A Staff
Member Or
Campus
Office**



**Set up a
college
specific
email**

**Keep those
grades up**

**Talk to your
college
counselor**

**Get out and
visit some
schools**

**Find your
Admission
Counselor**

What Can You Do Now

A young man with dark hair, wearing a blue and white plaid shirt and a backpack, stands in the center of a crowd of other students. He is looking directly at the camera. Surrounding him are five circular callouts, each containing a name. At the bottom of the image is a blue banner with white text.

Friends

**Admission
Counselor**

**High
School
Counselor**

YOU

**Your
Family**

Your College Search Team

Your Friendly Neighborhood Admission Counselor

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