



# One size does not fit all, so ask <u>yourself</u>:

- Do I like to get to know my professors?
- Will I learn best in a small or large classroom setting? (20 students vs 300 students)
- Do I like courses taught online, by a TA, or by a professor?

What works best for me?

- Do I want a school in the middle of a big city or something more rural?
- How easy will it be for me to get to and from school each year?

# One size does not fit all, so ask <u>colleges</u>:

- Does your college provide tutoring and personal support services? Do those cost extra?
- Are there opportunities for aid once I am a student?
- Does your college provide access to community partnerships for internships and research experience?

What works best for me?

- How many students graduate in 4 years?
- What is the success rate of the program I am interested in?
- Will I have access to professional mentors?



#### What Is A Core Curriculum?

A "core" curriculum is a set of particular courses that every student must take. It reflects a college's conviction that particular knowledge and subjects ought to be considered and shared by all students.

A "distribution" curriculum allows for some flexibility in choosing electives within required disciplines, so that not every student takes the exact same courses.

#### What Is A Core Curriculum?

The First-Year Experience Ethics And/Or Theology

Lifeskills

Liberal Arts vs Research Math
History
Science Lab
Creative Arts

Minor or Concentration

### **Choosing A Major**

What Are You Good At? What Do You Love To Do? Don't Be Afraid To Change

How Can You Help Others? **Shadow A Professional** 

Meet Your Academic Advisor

### Finding the Support You Need

Ask Your
Professors
For Academic
Support

Reach Out To
Campus
Counselors
For Personal
Support

Find Out What Tutoring Services Your School Offers **Success Center** 

Career Development Offices

Find A Mentor Or Mentorship Program



Make Time to Be Alone

### **Staying Healthy**

No All-Nighters Step Away From Social Media

Healthy Habits

Don't Spiral Into the College "Scene"

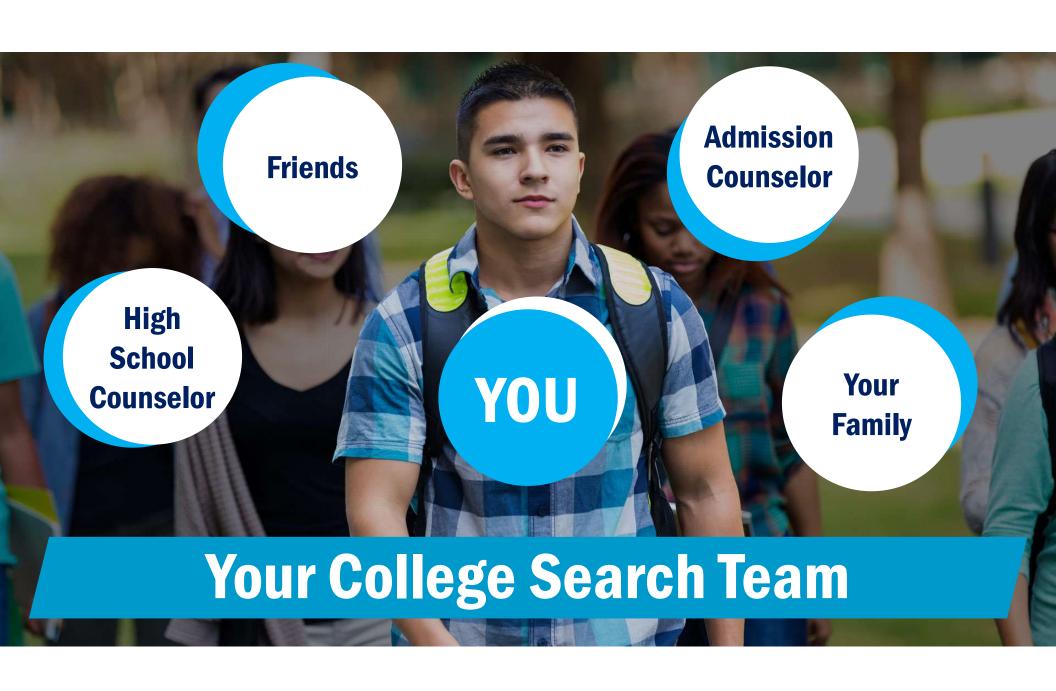
Practice Being Mindful Give It Time

Ask For Help









## Your Friendly Neighborhood Admission Counselor

Mike Garcia
Assistant Director of
Admission
Xavier University

garciam16@xavier.edu (513) 745-2934 @XUAdmissions



